

Sisters, this is a year
we will tend a fire in
our own hearts.

We will stop inhaling the fumes of our mistakes that tell us we are not enough, not a good enough mom, not pretty enough, not brave enough, not smart enough, not wealthy enough. Instead, we will choose to tend our God-given fire. We will love our children with an all-consuming love and use our words to warm the world. We will hold the torch up high and shed light on what matters most.

When our homes feel cold, we'll light a fire.

When a friend has lost her spark, we'll fan her flame.

When the world seems dark, we will be an ember of hope.

In order to do this we will learn to...

Live expectantly

*The bold reminder to think about what could go right.

Surrender daringly

*The bold reminder to let things go.

Breathe freely

*The bold reminder to let yourself be loved.

MOPS

Mothers of Preschoolers

MOPPETS

Babysitting so you can talk to other Moms

This group meets at

Grace Community Church

160 Seremma Court, Lake Katrine, NY 12449

1st and 3rd

Wednesday's

9 am–11 am

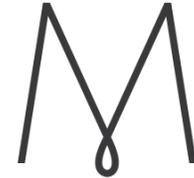
September 19th – May 15th

*"Never let the fire go out ...
When you hope, be joyful.
When you suffer, be patient.
When you pray, be faithful.
Share with God's people
who are in need.
Welcome others into your
homes."*

-Romans 12:11-13

#thisismotherhood

MOPS.ORG



MOPS

Join us for free this year as
we explore our new theme:



FIND YOUR FIRE

WHAT IS MOPS?

MOPS stands for mothers of Preschoolers, and by preschoolers we mean kids from birth through kindergarten.

MOPS is a grassroots movement that believes moms are world influencers. We also believe that incubating hearts and giving just-because hugs can change the course of history. That's why we connect moms all over the world to a community of women, in their own neighborhoods, who meet together to laugh, cry and embrace the journey of motherhood.

A MOPS group is an open, accepting place for all mothers to experience authentic community, personal growth, practical help and spiritual hope.

2018-19 MEETING DATES

<u>SEPT</u>	<u>OCT</u>	<u>NOV</u>
19	3, 17	7
<u>DEC</u>	<u>JAN</u>	<u>FEB</u>
5, 19	2, 16	6, 20
<u>MAR</u>	<u>APR</u>	<u>MAY</u>
6, 20	3	1, 15

WHAT SHOULD I EXPECT?



BREAKFAST

We can't meet without food and coffee!



CURRICULUM

Most meetings will have a topic of discussion through a live speaker or video provided by MOPS International.



FELLOWSHIP

Local mom friends to talk to, laugh with, share advice with and relate to. You are not alone!



CRAFTS

Fun, easy, arts and crafts activities even for the least crafty of us!



CHILDCARE

During meetings your little ones (5 years & younger) will be cared for by amazing MOPPET volunteers, so you can relax and have a whole conversation while your coffee is still hot!



PLAY DATES

Join us for organized monthly play dates, for an hour of fun after the meeting at the church playground or plan your own play date like open gym time and time at one of the parks.

This Year's Theme

Every year MOPS comes up with a rallying cry, a concept that will guide our entire tribe of women for the year. This year, we're digging deeper into the idea of tending the fire in our hearts. This year's theme is:



FIND YOUR FIRE

Fire is a tool utilized only by human beings. Since the beginning of time, humans have congregated around its warmth for light, protection and company. Every other creature on the planet fears fire, but we've been given the unique ability to harness it, to use its power to improve our lives. Not only that, but poets and artists have used fire to describe the God-given spark that wakes us up in the morning and fuels our purpose and passion. Whatever the context, fire is not to be ignored.